

# CARE & WELLNESS MASSAGES

60 min ~ 90,00€ 1H30 ~ 135,00€ DUO 60 min ~ 170,00€

### CALIFORNIA MASSAGE

Immediate relaxing, promotes blood circulation, lymphatics and relieves muscle and joint pain. The California massage is an approach that aims as much at relaxation as the awakening of a psychocorporeal consciousness.

### LOMI LOMI MASSAGE

This massage is an invitation to travel to exotic Hawaiian lands. With the use of hands, but also forearms, and fists, this massage does not lack tone in order to relieve body pain. It relaxes and invigorates, purifies and nourishes a ritual of renewal.

## **DETOXIFYING DRAINING MASSAGE**

Immediate relaxing, promotes blood and lymphatic circulation and relieves muscle and joint pain.

## THAÏ PLANTAR REFLEXOLOGY

Plantar reflexology involves activating "reflex zones" by massaging them with your fingertips to relieve pain from a distance and rebalance various vital functions.

# **FACIAL CARE**

A real moment of relaxation that will provide THE right answer for your skin type. It's not just a facial care... It's a massage and beauty ritual!

